

MHC Summer 3 on 3 Rules

- Each ice time will consist of two 24 minute games, with a 5 minute break between games for teams to change ends.
- Each game will consist of two 12 minute halves, with a 1 minute break between halves. There will be a 3 minute warm-up before the first set of games **ONLY!!** All halves will be a running clock and the clock will not stop for any reason. At any point in a game, if the score differential is 5 or more goals, the trailing team will be allowed a fourth skater. If the differential drops back below 5, the trailing team will return to 3 skaters.
- No player is allowed to be double rostered or used as a fill-in, except for goalies. Rosters may be periodically checked and will be enforced.
- The Home Team (the team listed 1st on the schedule) will be required to fill out a score sheet for each game. It is that team's responsibility to make sure all score sheets are filled out correctly, and turned in.
- There is **absolutely no checking** at any level in this league, as well as **no slap shots** at any level. All **MINOR** penalties will result in a penalty shot. **MAJOR** penalties, such as checking from behind, will result in a penalty shot and the offending player sitting the appropriate time. A game misconduct will result in an additional game misconduct and possible further disciplinary action by the **Director of Spring Programs** and **MHC BOD**. **If a coach is ejected from a game for any reason, that coach will be removed from the team for the remainder of the session and possibly face further disciplinary action by the Coaching Director and MHC BOD.**
- All other **USA HOCKEY RULES** apply.

We hope this is a fun and exciting league for everyone!