

CHA 3 ON 3 Game Rules

1. USA hockey official playing rules and penalties apply to all games except where noted.
2. Three (3) skaters and a goalie are on the playing surface during the game. Substitutions are made through the designated team area just outside the blue line. The players or the coaches cannot use the normal team benches.
3. Only one face-off at the beginning of each period.
4. There will be one referee. Penalties are called per USA hockey official rules. When a penalty is called the power play team gets a penalty shot. As soon as the penalty is called the referee takes possession of the puck skates to the middle and provides the puck to the player who is going to take the penalty shot. The player on whom the infraction has occurred against shall take the penalty shot. Intentionally lifting the puck over the short boards is considered a penalty.
5. Penalty Shot Rules: While the penalty shot is being taken, players of both sides shall line up and remain well (five feet minimum at all times) behind the shooter. If, while the penalty shot is being taken, any player of the opposing team shall have some action interfered with or distracting the player taking the shot and because of such action the shot should have failed, a second attempt shall be permitted. Once the player taking the shot has touched the puck, it must be kept in motion towards the opponent's goal line and once it is shot the play shall be considered complete. No goal can be scored on a rebound of any kind and any time the puck crosses the goal line the shot shall be considered complete. Once the shot is considered complete the power play team shall back out to "center ice". The penalized team players will bring the puck out and play will continue.
6. Offsides, icing, etc. are not called.
7. All nets shall be pinned and placed along the face-off circle closest to the side boards allowing some room behind the nets.
8. Teams will not switch ends between periods (goalie defends one net the entire game).
9. No timeouts are allowed. In the event that a player is seriously injured and unable to skate off the playing surface the clock shall be stopped until the injured player is removed from the ice. Under these conditions both games will stop until the injured player is removed from the ice. The injured player shall not be allowed to return to the game.
10. Following a goal, the scoring team shall back out to "center ice". Defending players will bring the puck out and play will continue. No face-offs following goals.
11. If a puck leaves the playing area it is considered out of bounds. The team that had possession of the puck when it went out of bounds shall lose possession, and the opposing team will bring the

puck back into

play immediately from the same location the puck left the playing area.

12. After a save the goalie should play the puck if possible. If the opposing team is pressuring the goalie, he can cover the puck up and temporarily stop play. The referee shall blow the whistle to temporarily stop play and allow the attacking team time to back off the goalie. The attacking team shall back out to "center ice".

Then the goalie shall play the puck to a teammate or in the corner immediately. A significant delay by the

goalie to play the puck shall be considered a penalty.

13. Any player that receives a major penalty, which by USA Hockey Rules carries with it a game suspension, shall be suspended for two games (two games in addition to the game where the major penalty occurred).

The major penalty shall be documented on the official score sheet. Any player that receives more than one

major penalty can be suspended for the balance of the season with no refund. In the instance that the

suspended player is playing in more than one division the said player will be suspended for games in the

division the game misconduct occurred.

14. No slap shots at any level. There shall be one warning per team per game. A penalty shall be assessed

after the second infraction. If the puck enters the net on a slap shot it does not count.

15. No body checking of any kind, at any level. All body checks are considered a penalty.